

Checklist

Schools

Administration of the scheme

A physical Passport such as a card, wallet, badge or perhaps a sticker within a student's handbook

A confidential record maintained of the individual support for student carers

Monitoring of progress and attendance of student carers

Established mechanisms for student carers to feedback about the scheme

Identification and assessment

An induction questionnaire to screen for carers

Trigger for a 'Young Carers Needs Assessment'

Assessment of their learning needs and a personalised learning plan

Information for students who are young carers

Information about support for students who are carers in the school

Information about and navigation to a young carer support group

Information about wider support for young carers

Information about wider support for families

Information for students about the support the school offers for young carers

Key contacts for students who are young carers

An information pack and webpage for student young carers

Information on health and wellbeing for young carers

Continued...

Emotional support for students who are young carers

- More flexible opportunities to talk with staff
- Mutual support through a peer support group
- Access to counselling or therapeutic groups
- A 'Buddy' or 'Mentor' scheme for students

Practical initiatives for young carers

- Flexibility with homework, detentions, access to a phone
- Concessions and flexibility with travel to school and after school clubs and extracurricular activities
- Concessions with school trips for young carers (and families where appropriate)

Other (at school)

- Improved and accessible communications with parents
- Information about support for young carers on a school noticeboard, webpage and school literature
- Links with an 'emergency young carer' scheme
- A young carers forum or participation group
- Established mechanisms for young carers to feedback about the scheme
- Monitoring of progress and attendance of young carers

Other (outside school)

- Discounts on a range of local services and products
- Concessions on sport, leisure activities and travel in the local area

