

Checklist

Mental Health Trusts

A place to add carer details alongside patient records, so all staff can access this information to minimise the amount of times the carer has to explain their situation.

An application form to find out if the carer lives with the patient, what their role in their care is, and whether they are in touch with their local carers services.

You could also decide that instead of including the carer's name on the card, you could have a number. This number would correlate with a number on their carer record, stored centrally. This would minimise some fears that carers have about being identified if they lost a card, or too many people knowing about their situation, but still gives them the access and privileges a card affords them.

If you run a crisis card scheme or something similar within the trust, the carer passport offer could be an addition to the pre-existing scheme.

A training session for staff about the carer passport offer within the trust would be useful to ensure the scheme runs smoothly and consistently. This could be face to face or via e-learning.

For more information about carers of people with mental health issues and good practice examples, please see the Triangle of Care resources created by Carers Trust:

professionals.carers.org/working-mental-health-carers/triangle-care-mental-health

